



■ Silke Ukena – her great grandmother was a professional artist

Picture: MAXINE CLARKE ZSLDJ2

Painting is in the blood

SILKE Ukena has painting in her blood.

Her great grandmother used to make a living as an artist so it was no surprise when Silke picked up a paint brush 13 years ago.

Since then the Thundersley osteopath has had several exhibitions, including one in

Southend library. Next month Silke will be showing off her work at Hylands House, Old London Road, Chelmsford. The mother of four, who is originally from Germany, said: "I've always been surrounded by paintings and it has influenced me. I really appreciate them. I always admired other people's

paintings. I was always going to exhibitions.

"I've always been interested, but I always thought it would be really difficult. I didn't even know I could draw. Now I do oil paintings, water colours and pastels.

"I think everybody should do it. I always recommend it to patients."